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Welcome Back!
Probation Student Guide
Hang Out!
New Personnel: GA & FYE GA

PROBATION STUDENTS: Your Bounce Back Guide

Okay, so your Fall semester did not go as planned and now you are on probation. No worries—there are lots of ways to get you back on your feet:

New study habits, proper advise-ment, learning & memorization strategies, relaxation techniques for stress or test anxiety and more!

Although all of the above will help, there are **5 things you MUST do to be taken off of probation:**

1. **Attend Information meeting**

on Sunday, January 7 at 5:30pm
(didn't make this, then you're down !! UGH!)

2. **Meet w/ Academic Advisor**

to discuss spring & fall scheduling, mingle, etc

*Don't know who your advisor is?
Call 293-5805 x1 to find out!

3. **Meet with Leslie Pinkerton**

She's the FYE GA: info in her bio

*Send her your Spring schedule ASAP

4. **Meet with Brian Walker**

Info in 'Welcome Back' blurb

5. **Attend Feb. Information Mtg**

All meetings are in the commuter lounge, attend only 1:

Tues, 2/20 @ 10am

Wed, 2/21 @ 3:30pm

Thurs, 2/22 @ 6pm

WELCOME BACK!

The Office of Student Life would like to extend a special welcome to all commuter students. If you are not living in a university-owned housing facility, then you are considered to be a commuter.

As a first-time freshman or transfer you may still be getting used to WVU. For this reason, the Commuter Connection will be sent to your MIX account as well as distributed in the Commuter Lounge to keep you updated on important dates, upcoming events, much needed info and more!

Besides the Commuter Connection, there is a host of people to help you get settled and find your niche as WVU. One such person is the newly appointed Commuter Student Program Director, Brian Walker. He is here to assist you in all of your commuter needs. If you have concerns about academics, scheduling, campus activities, off-campus housing or general information, you can find his office in E. Moore Hall located across from the Mountainlair or call 293-5611 or email brian.walker@mail.wvu.edu.

And with a new GA (Pascha Adamo) and the FYE GA (Leslie Pinkerton) to help Brian, Spring 2007 semester will be a blast! Getting involved on campus or through the commuter group will make your college experience a thousand...no a MILLION times better!

HANG OUT!

Don't know where to hang out between classes? You've got options!

E. Moore Hall: a known quiet 'hang out' spot with tables, couches, and comfy chairs. Also for your convenience, wireless laptops can be checked out and you may use the courtesy phone for local calls. Great spot for information, too.

Commuter Lounge: Located in the Puritan House beside E. Moore Hall and across from Stewart Hall. The commuter lounge is a great place to have lunch, study, mingle, relax or get the latest on commuter news.

NEW Commuter GA

Pascha Adamo has been hired as the new GA for the Commuters. She is here to help with everyday questions, concerns, venting, planning of commuter events and even math tutoring!

But Pascha needs your help! Here's how:

1. Complete the survey attached (see Survey Says! Article)
2. Sign up to be a Commuter Captain! (see article with same title)

Office hours: Mon-Fri, 12-4pm in
Rm 103 of Puritan House

NEW FYE GA

Leslie Pinkerton has been a FYE (First Year Experience) GA since Fall 2006. Not only is she a great resource for first-year students and a fantastic person, but if you are a probationary student, you have to meet with her as part of your five requirements (as seen to the left).

Office Hours:

Mon. 10-12 & Thurs. 1-4 in Com-
muter Lounge of Puritan House or
email her at
Leslie.pinkerton@mail.wvu.edu

IMPORTANT NUMBERS: 293-....

| | |
|--------------------------|-----------------------------|
| Student Life: 5611 | Rec center: PLAY (7529) |
| Student Health: 2311 | Student Organizations: 4397 |
| Admissions/Records: 2121 | Academic Advising: 5805 |
| Financial Aid: 5242 | Carruth Center: 4431 |
| Public Safety: 31316 | Stu. Legal Services: 4897 |
| OIT Help Desk: 4444 x1 | |

UPCOMING COMMUTER EVENTS: check mix for more!

M. 2/5 Keglers @ 7pm, Bowling @ Surburban to follow
F. 2/9 F3: Exotica in E. Moore, 6:30pm (food. Exhibit, tattooing)
T. 2/13 TaTu: 7:15pm, Event & Place TBA, *check Commuter Lounge for details*
T. 2/15 F3: Dinner 'n' Movie, Dinner 6:30pm, place TBA, movie only 8:30pm Hollywood, sign ups for restaurant in C.Lounge

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Survey Says!...

LOGO contest

Commuter CEO's

JOB: Student Assistant

Muy MIX!

SURVEY SAYS!...

In an effort to get this semester on its way...Pascha is putting out a survey. The survey will give her an idea of what you are interested in, what events you would like to see happen, what resources you need and your availability.

Please stop by E. Moore Hall (front desk) or the Commuter Lounge in the Puritan House to pick up a survey. Or...print the attached survey with this newsletter, fill it out and return it into either place mentioned above or to Pascha's office, Rm 103 by Feb 12. And thank you in advance for making your voice heard!!!

IT'S QUICK! IT'S EASY!

LOGO CONTEST The Office Student of Commuter Assistance is in need of a logo for the commuter student body. All information is as follows:

- Logo should be a visual representation which would appeal to ages 18 and beyond. (remember, commuters consist of singles and married persons over the age of 22)
- Logo should be able to be used for multiple publication purposes, ie t-shirts, *Commuter Connection*, letterhead, flyers/ advertisements, etc.
- Personalize to WVU students
- Can be submitted in any format (CD/zip/paper/etc).
- Please turn in a color & a black/white copy (8.5 x11 or smaller)
- Submissions due Monday, Feb. 12 to Pascha (commuter GA) in rm 103 of Puritan House from 12-4pm, Mon-Fri or drop in door folder
- Top three entries will be chosen by Student Affairs staff, with top entry to be voted on by commuters.
- Prize: TBA. Oh! but there will be one!

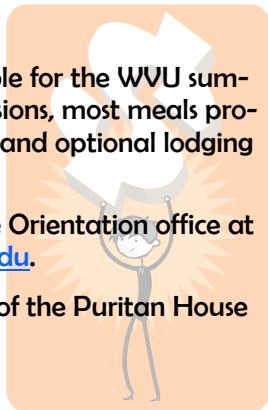
JOB: STUDENT ASSISTANT

New Student Orientation positions available for the WVU summer student orientations. Paid training sessions, most meals provided for month of June, clothing for work and optional lodging in a WVU residence hall.

For further information, please contact the Orientation office at 293-2264 or email orientation@mail.wvu.edu.

Applications must be returned to 2nd floor of the Puritan House by 4:30pm on Friday, February 9, 2007.

*Applications include 3 reference forms



COMMUTER CEO'S (CCEO)

What's a CCEO?

A CCEO is a person(s) who wants to help put together/think up/develop for a specific commuter 'get-together/event' for the commuters.

Sign ups to be a CCEO is on a first come/first served basis with as many as 34 positions available. CCEO's will then choose the event they would like to oversee. This is a great resume builder & a fantastic way to be '1st in' on the action.

For another bonus, CCEO's will be given special recognition throughout the semester, in the final spring issue of the *Commuter Connection* and presented with a special award at the Spring Dinner in April (another event to be CCEO of).

Of course, Pascha will be here to help whenever you need. Sign ups are now in the Commuter Lounge of Puritan House or email Pascha your name and information. If you have any questions call 304-218-8007, Email padamorisa@yahoo.com, or stop by her office Mon-Fri from 12-3pm, Rm 103 Puritan House

"Doing good to others is not a duty. It is a joy, for it increases your own health and happiness."

-Zoraster

*Check out: Community Commuters Care Corner

AA-ALL ATHLETICS Check out schedules for all sporting events: <http://www.wvu.edu/Athletics/>
You've paid for it (\$246 per semester), so check it out! Gymnastics, basketball, swimming & More!

MUY MIX!

MIX stands for Mountaineer Information Xpress and is a great way to stay connected and involved with all that WVU offers. Your MIX account is the fastest and easiest way to keep you on the 'up 'n up.' Here's how to connect:

1) Go to <http://www.wvu.edu> and click on the mix icon. **(2)** Username: is your first initial of your first name and the first 5 letters of your last name (all lower case). Password: your day of birth & the last four digits of your 700#

Here is just SOME of what MIX offers:

- Email from friends, classmates, TA's and/or professors
- Notification for advising & registration information
- STAR: register for classes, pay online tuition, check grades, print schedules, find housing & roommates, financial aid info, etc
- JOB postings
- Creative Arts Center events
- Find student organizations
- Free Downloads
- Personal & Campus Announcements
- Links to VISTA, Career Services Center, Athletics, & more
- Free events on campus (bands/Up all night)
- and much, MUCH more Check it out!

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Academic Calendar
Commuter Contacts
C4
Advisor Info
Rec Center Services
FMI: for more information

WVU ACADEMIC CALENDAR

F. Feb 23: Mid-semester
W. Feb 27: Mid-semester Reports Due
F. March 16: Last Day to Drop a Class
Sat. March 24: Spring Recess Begins
Sun. April 1: Spring Recess Ends
Th. April 26: Last day to withdraw from WVU
F. April 27: Last day of classes
M. April 30: Final Exam Week

COMMUTER CONTACTS

Brian Walker: E. Moore Hall 8:30am-4:45pm Mon-Fri. 293-5611

Pascha Adamo: Rm 103 Puritan House
12-4pm Mon-Fri. 293-6878

Leslie Pinkerton: Commuter Lounge,
Mon. 10-12 & Thurs 1-4pm

C4: Commuters, Community Care Corner

There are lots of ways to get involved in the Morgantown community. For those who have lived here for most or all of your life, this is your chance to give something of yourself back to your community.

For commuters who just moved here, community service is a great opportunity to get connected with your new home, help make a difference...and it does look great on a resume.

Below are four different community projects:

1) Literacy Volunteers

Needs tutors in Basic Reading or English to those learning English. Once training is complete, volunteers will tutor an adult at least once a week for an hour.

FMI, call Joy: 304-296-3400 or
jgreene@mclv@yahoo.com

2) Animal Friends

Need foster families for abandoned animals before they find their permanent families.

FMI, call Georgia: 304-292-4PET

3) Kaleidoscope

Volunteers to help in area elementary schools with tutoring in math and English

FMI, contact Michael Ehrhard: 304-291-9256 or
theandonlyme2@yahoo.com

4) Christian Help

Volunteers to help with daily operations of 6 programs:
Free Clothing store, Food Pantry
Emergency Financial Assistance
Women's Career Clothing Store
Working Main's Closet
Furniture Exchange Program

FMI, contact AnnaLe: 304-296-0221 or
chi_vc@adelphia.net or visit website: <http://www.christianhelpinc.net>

★Call for info, grab a friend or two,
volunteer and
Expect to be changed forever!

KNOW YOUR ADVISOR - UASC

UASC is the Undergraduate Academic Services Center

UASC provides academic advisors who assist students in selecting a major, planning a course of study, pre-registering for classes, answering questions about your academic program and most importantly, providing you with the tools you need to be more self-sufficient.

Don't know who your academic advisor is? Call USAC at 293-5805 ext. 1 to find out.

Want to make an appointment? Call the number above, visit their office or schedule one online at <http://www.wvu.edu/-advising>

Where's the USAC office? Located in the Student Services building behind the downtown WVU bookstore, next to the parking garage.

REC CENTER ---SO MUCH TO DO

304-293-PLAY <http://studentreccenter.wvu.edu>

You're paying for it (\$246 per semester) so you might as well use it! The REC center has TONS of awesome 'stuff' to take advantage of: Check it out!



Climbing Wall: Get certified to climb the ropes or 'putz' around below the boulder line. Great workout and mental challenge. Shoes and gear to borrow.

Aquatics: two pools: a six-lane, 25 yard lap/fitness pool & a leisure pool. There is also a whirlpool, bubble jet couch & vortex area of moving water.

Weight/Fitness Equipment: three locations of treadmills, elliptical trainers, stair-steppers, bikes, free weights, an indoor track and more!

*4-Court and 3-Court Gyms, Squash and Racquetball courts.

*Aerobics, dance, yoga, pilates, cycling, ZUMBA classes and More! (great instructors, too)

* **Intramural & Club Sports**—start your own team!

* **CHILD CARE:** free during specified hours. Mon 5-8pm, Thurs. 5-8pm and Sat. 10am-1pm

DON'T FORGET...

- 1) Fill out & return survey for input
- 2) Take advantage of ALL of WVU cool stuff: Mix, Up All Night, Rec center and more!
- 3) Make time to study & review.



Survey Says!... Please fill out the survey below and return to the Commuter Lounge in Puritan House or copy and email back to padamorisa@yahoo.com. Your input is GREATLY needed and appreciated. Thanks!

Directions: For the following questions please **circle** (or underline if emailing back) or **fill in ALL answers that apply**.

Academic Standing: Freshman Sophomore Junior Senior Transfer

Age: 17-22 22-26 27-32 33-40 41- +

Commuting distance (in miles): <5 5-10 11-20 21- 40 41- +

Are you?: full time part time

Do you work? No Yes If yes, number of hours or days per week: _____

Are you (for event planning purposes): single married have children

For events, what nights are best for you (ie, what nights would you come out for an event, either on or off campus)?

 Mon Tues Wed Thurs Fri Sat (all day trip) Sun (night) Weekend trips

Do you check your MIX account regularly? No Yes (if not, you should check it out)

What is the best way to inform you of upcoming events? (circle all that apply)

 MIX Flyers in lounge word of mouth Other email address

If you would like to be on the commuter email list for updates on upcoming events or to receive *The Commuter Connection*, please write in your email address: _____

Your comments/concerns/ideas/input, especially concerning what you would like to do this semester:
